



# ATLAS

REHABILITATION & HEALTHCARE  
at West Deptford

*Welcome*  
**BOOKLET**



# Welcome To

## ATLAS AT WEST DEPTFORD

*Where compassionate care meets clinical excellence*

“

As a leading skilled nursing facility specializing in rehabilitation and long-term care, we are dedicated to providing our residents with the highest quality of service to maximize the highest quality life possible. At Atlas, we understand the importance of personalized care and support, tailored to meet the unique needs of each individual. Our team of skilled professionals is committed to creating a warm and nurturing environment where residents feel at home. Whether you or your loved one is recovering from surgery, injury, or in need of extended care, Atlas at West Deptford is here to support you every step of the way.

We invite you to explore our comprehensive services, state-of-the-art facilities, and vibrant community. Experience firsthand our dedication to enhancing the well-being and quality of life for those we serve.

Welcome to Atlas at West Deptford - where care and compassion converge to redefine healthcare excellence.

”



*Raymond Rivera, Administrator*

# WHAT TO *expect*



## **Admissions**

The admissions office is here to assist you Monday - Friday from 9:00 AM - 5:00 PM with remote availability during off hours for any questions that may arise.

Within the first few days of your stay, an admission representative will meet you to go over admissions paperwork and collect copies of your insurance cards.

## **Physician Services**

Each patient, whether you are here for short term, respite, or long term care, will be assigned to a physician group. Your physician, along with their clinicians, will see you throughout your stay here to attend to your everyday medical needs.

## **Medications**

Medications will be provided by our contracted pharmacy. Upon admission, your hospital discharge medications will be ordered and sent directly to the facility. There is no need to provide your own medications as these are all included in your stay, unless otherwise instructed.

## **Social Services and Discharge Planning**

Our social services department is dedicated to providing you with the resources you need to return home or locate appropriate placement whether that be home with family, assisted/independent living, or even long term care within our facility. For patients returning to home, the social workers will assist in setting up all necessary equipment, home care, and outpatient/home therapies. We are here to ensure a seamless and comfortable transition to home while keeping you and your family in the loop for all information along the way.

## **Therapy**

The goal of our rehabilitation department is here to get you back to your prior level of functioning or even better! We offer Physical, Occupational, and Speech therapy in house with each patient receiving an individualized approach to their exercise needs. Therapy is open 7 days a week; including holidays. Treatment plans are ongoing and each patient will be scheduled appropriately depending on tolerance, insurance allowance, and needs.

## **Long Term Care**

We are contracted with most long term care policies for those who need 24 hour care and we accept private pay as well. Our business office will be happy to explain the process and guide you through the next steps when applying for Medicaid.

# MEET SOME OF OUR *Staff*



**Stacy T.**  
Director of Nursing  
Start Date: 2016



**Samantha F.**  
Admissions Director  
Start Date: 2017



**Juanita A.**  
CNA  
Start Date: 2001



**Stephanie J.**  
CNA  
Start Date: 2018



**Sarah M.**  
CNA  
Start Date: 2001

Department	Extension
Front Desk	219
Administrator	223
Business Office	222
Director of Nursing	233
Director of Rehabilitation	230
Admissions Director	221
Concierge	246
Social Services	232, 234
Activities Director	229
Kitchen	241
Food Services Director	1225
Nursing East Wing Supervisor	299
Nursing West Wing Supervisor	334#
Nursing Second Floor Supervisor	420
Housekeeping	235
Maintenance	261

**\*\*Dialing from your room phone:**

For Internal calls, dial the three-digit extension above  
 For External calls, dial "8" followed by "1" and the  
 phone # you are trying to call with the area code.



# Accommodations

## ACCOMMODATIONS

### WIFI INFORMATION

Network:  
Atlas Guest

Password:  
(no password  
required)

### DINING

Our dietary team provides quality and nutritious meals for breakfast, lunch, and dinner. Menu selection takes place every Tuesday for the week. Alternatives are available for every meal and snacks such as sandwiches, cookies, chips, etc., are available between meals.

### RECREATIONAL ACTIVITIES

Our recreation department plans activities with patients in mind. From group events, entertainment, bingo, and independent activities, there's something fun for everyone to do 7 days a week! Activities calendars are posted throughout the building and given to each patient monthly.

### CONCIERGE

Our facility has a concierge representative Monday to Friday from 9:30am to 5:30pm. The concierge is available to greet incoming patients as they arrive, review the admission process, answer any questions regarding your stay, and advocate for patient relations.

### SALON SERVICES

Salon and Barber services are available every Friday (except holidays).

Appointments must be prebooked with the receptionist who will then provide you with a price list of all services.

### LAUNDRY

Laundry services are available upon request for short term patients. Please have your items labeled and inform the concierge that you would like your laundry done in house.

### MAINTENANCE

Maintenance is in the facility 7 days a week with emergency services available 24 hours a day, including holidays. Should you need maintenance for any reason, please inform a staff member.

# TV CHANNEL *Guide*

- |                           |                                     |
|---------------------------|-------------------------------------|
| <b>7</b> Local ABC        | <b>32</b> GAC Family                |
| <b>8</b> Local NBC        | <b>33</b> Game Show Network         |
| <b>9</b> Local CBS        | <b>34</b> GRIT                      |
| <b>10</b> Local FOX       | <b>35</b> GET TV                    |
| <b>11</b> Local PBS       | <b>36</b> Golf Channel              |
| <b>12</b> A & E           | <b>37</b> Telemundo                 |
| <b>13</b> AMC             | <b>38</b> Hallmark Movies           |
| <b>14</b> Animal Planet   | <b>39</b> History                   |
| <b>15</b> Bravo           | <b>40</b> HGTV                      |
| <b>16</b> BET             | <b>41</b> INSP                      |
| <b>17</b> Buzzr           | <b>42</b> Unimas                    |
| <b>18</b> CNN             | <b>43</b> Lifetime Movie<br>Network |
| <b>19</b> Comedy Central  | <b>44</b> National Geographic       |
| <b>20</b> Cooking Channel | <b>45</b> Paramount                 |
| <b>21</b> CMT             | <b>46</b> Turner Classic Movie      |
| <b>22</b> Discovery       | <b>47</b> TBN                       |
| <b>23</b> E! TV           | <b>48</b> TLC                       |
| <b>24</b> ESPN            | <b>49</b> Travel Channel            |
| <b>25</b> ESPN 2          | <b>50</b> TBS                       |
| <b>26</b> ESPN U          | <b>51</b> TNT                       |
| <b>27</b> Food Network    | <b>52</b> TV Land                   |
| <b>28</b> Fox News        | <b>53</b> USA                       |
| <b>29</b> Freeform        | <b>54</b> Univision                 |
| <b>30</b> FS1             | <b>56</b> Community Channel         |
| <b>31</b> FX              |                                     |

# Google

## Reviews ★★★★★

### Cheryl Asher

Staff at ProMedica was wonderful! Beginning with Karla, the RNs Maria, Liz, and Charlene. Therapists both OT/PT were amazing! Howard the recreational Director was so wonderful. Everyone worked together as a team and was pleasant to be around. Well, definitely recommend!

### Dorothy Zawadzki

I was at this facility for almost two months and was treated very well the entire time. The staff was very friendly and attentive and tried to answer any questions as soon as possible.

### Rei

It's very rare nowadays to see health workers stay in a facility and work for months, in this place, there is longevity people work and stay happy working for years and years! For me, happy workers serve happy customers. Like I said- rare and valuable qualities can be found in West Deptford.

### Tania Avent

I wish to say that my experience here has been nothing but good. My nurses here with Medbridge, Adianna, Kashmere, Jen, Queen Asia, Carmen, Zenasia, Lionel, Bridget, Brandon are the best. Always there respond to call Bell never a hassle. My room is always clean and timely manner Mary and Amy. Angel is great. I really want to thank Stan for ensuring my meals were correct with a shout out to Teresa, Anthony and Emily. An extra special thank you to sandy Joanne and therapy staff. I have greatly enjoyed the activities the new friends I made and the fellowship. Carla from the concierge department has been a tremendous help getting pointing to people I need to reach. The social work department has been on point how can we with outside contacts and my family care conference meeting. My PA assistant Alexis and Wanda Medbridge unit manager has kept me update on health issues.

### En Vy

My mom is currently there long term. The staff are amazing and very attentive. Always keeping me updated on my mom's care. The unit manager/nurse Wanda is absolutely wonderful, she is so understanding and helpful. Very clean facility. I would recommend.

Overall I was to say my experience here has been very pleasant and if I ever had any to need for assistance again I will come here again with no problem and will give this my highest recommendation to family members and Friends.



*Check out our  
social media!* 

856.848.9551

550 Jessup Rd  
Paulsboro, NJ 08066

[westdeptfordhc.com](http://westdeptfordhc.com)